Service-Learning Internships

_in the medicine of compassion_

The Adventures in Caring Foundation (AiC) is offering a one-year service-learning exploration of the human element in health care—for undergraduate students who are pursuing careers in the health professions.

In-depth training, personal interactions with the sick and injured, regular reflection, and year-round coaching develop the advanced listening skills, emotional intelligence, and authentic compassion so vital to healing. Such competencies in the art of connecting with those in pain reduce distress, relieve social isolation, and restore well-being—in hundreds of frail elderly patients in local hospitals and skilled nursing facilities.

**The commitment** is two hours per week for one school year (a minimum of 25 visits). Applicants are selected (only 15 per training) by in-person interview. If selected, you attend a 20-hour experiential training program prior to being assigned your facility to visit.

You will be immersed in a best practices adult learning experience that produces real transformation in your ability to communicate with anyone—regardless of age, illness, race, or culture. **From your year of service you will gain skills that last a lifetime—you will learn the language of healing.** It is no small thing to form healing partnerships and restore well-being simply by the way you communicate. This is the true art and practice of compassion.

**Prerequisites** for this program are an unusual combination of wholeheartedness, humility, and the courage to step out of one’s comfort zone. This internship is not about you or your resume looking good—it is the practical application of depth psychology to alleviate human suffering. The language of healing uses symbolism, paradox, metaphor, and appreciative listening to draw out the stories that lead to healing—of body, mind, heart, and soul. We even use a make-believe character to get closer to what is most real in life—this the Raggedy paradox that has proved so effective.

You can hear from students who have participated here: [http://www.adventuresincaring.org/video-showcase/#students](http://www.adventuresincaring.org/video-showcase/#students)

If you are interested, you can apply here: [http://www.adventuresincaring.org/internship/](http://www.adventuresincaring.org/internship/)

_The Raggedy Program taught me how to console people when they are at their most vulnerable. In the Emergency Department, we only have a few seconds to develop rapport and earn the trust of our patients. Because of my experience as a Raggedy Andy, I have excelled at this and have become known for my ability to put even the most agitated patients at ease._